



## The Gentle Whisper (1 Kings 19:1-18) Truth to Power (Part )

### THE BIG IDEA

God cares for Elijah when he is downcast showing us that he will care for us and speak exactly as we needed to hear it.

### OPENING

- What ways has God spoken to you in your life? What things or people did he use to speak truth to your heart?

### DIGGING DEEPER

- Read 1 Kings 18:36-38, the scene from last week's reading. How different was this event than what we find today? Do you resonate with Elijah's disappointment at the start of chapter 19? Have you ever felt that way?
- Pastor Caitlyn shared three things that Elijah was in this passage. He was afraid, he was discouraged, and he was self-focused. Have you ever felt a lot like Elijah? Which one of these three things tend to overcome your emotions?
- Read John 10:1-5. Do you feel like you recognize the voice of your shepherd?
- Read 1 Kings 19:15-18. How might this new assignment help Elijah in his time of need? What assignment has God given you right now that you want to be faithful with?



- Read 1 Kings 19:19-21. Elijah only does one of the things God assigned to him. However, Elisha takes up the other callings. How has this picture of Elijah seen in this chapter been challenging to you? How has it been comforting?
- Read James 5:17. Elijah was a broken human, filled with flaws and all, but he was earnest in prayer. Are you earnest in prayer? What ways might you like to grow in this area?

## PUTTING IT TO WORK

- Quaker John Greenleaf Whittier wrote a hymn that captures this idea of God speaking in the silence and the stillness:  
Drop they still dews of quietness,  
Till all our strivings cease;  
Take from our souls the strain and stress,  
And let our ordered lives confess  
The beauty of thy peace.  
Breathe through the heats of our desire  
Thy coolness and thy balm;  
Let sense be dumb, let flesh retire;  
Speak through the earthquake, wind and fire,  
O, still small voice of calm.

Consider praying this prayer every morning and spending just 5 minutes in silence listening for the gentle whisper.

- Pick one verse that you will memorize to speak truth to power to your own heart. On Sunday the following were mentioned as possibilities: Isaiah 40:31, Isaiah 41:10, 1 John 1:9, Philippians 4:19, Psalm 139:14. You can use one of those or pick a verse that is important to you right now and what you are going through. Pray it earnestly. Share it with a friend. Declare it over your day as you wake up. Allow that verse to speak truth to your heart.

## PRAYER REQUESTS